

JANUARY 2021

DELIVERED MONTHLY TO 2,350 HOUSEHOLDS

# FAIRVIEW in Focus

THE OFFICIAL FAIRVIEW COMMUNITY NEWSLETTER

**HAPPY NEW YEAR!**



**IN THIS ISSUE:**

- Board Meeting February 2
- Fairview Youth Shoveling Directory



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BEFORE



AFTER



BEFORE



AFTER



BEFORE



AFTER

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## Winter Poem

The white outside silences the world  
Drifts glisten and crunch in the cold  
The sound of shovels scraping carry across the street  
Moving the snow beside the driveway  
quickens the heartbeat.  
The sun is warm  
The sky - God's blue  
Winds are calm  
Out back is a beautiful view  
Shorter days are here for now  
The snow turns from white to blue  
The solitary walker quickens her pace and smiles  
Because she is thinking of you

*Cheryl Dunkley*



## Are you looking for Adventure?

**Then, Scouting is the place for you!**



We are a volunteer organization for youth aged 5-26 years. If you are interested in volunteering or registering your child, please visit our website at [myscouts.ca](http://myscouts.ca) for information and group locations. We are an inclusive organization and financial assistance is available.

Help desk toll free number: 1-888-855-3336

# FAIRVIEW INFORMATION

## OUR VISION

To promote and enhance a healthy, safe and productive environment for the residents of Fairview by providing access to programs, services and information, all while establishing a sense of community identity and belonging.

## BOARD OF DIRECTORS

**President** Regan Klyn  
president@fairviewcommunity.ca

**1st Vice** Elizabeth Duerkop  
vp1@fairviewcommunity.ca

**2nd VP** Andrew Gidden  
vp2@fairviewcommunity.ca

**Treasurer** Warren St. Laurent  
treasurer@fairviewcommunity.ca

**Secretary** Alicia Davis  
secretary@fairviewcommunity.ca

## DIRECTORS AT LARGE

- Stephen Alexander
- Chad Chapman
- Wayne McNeely
- Michelle Stensrud
- Mody Aravena
- Sam Koots
- Paul Bechthold

## COMMUNITY SERVICES CONTACTS

- **Police Non-Emergency Services**  
(Dist 6) 403-567-6600
- **Community Liaison Officer**  
• Cst. Henry Robinson #4196, 403-567-6600, pol4196@calgarypolice.ca
- **Community & Neighbourhood Services, South Area: 311**
- **www.welcomewagon.ca, 1-844-299-2466**
- **www.calgaryyouthjustice.com, 403-261-9861**
- In-Definite Arts 403-253-3174 www.indefinitearts.com

## GOVERNMENT REPRESENTATIVES

### Councillor, Ward 9

Gian-Carlo Carra  
ward09@calgary.ca • www.carra4ward9.ca • 403-268-2430

### MLA, Calgary-Acadia

Tyler Shandro, United Conservative  
calgary.acadia@assembly.ab.ca • Ph: 587-885-1781

### MP Calgary-Midnapore

Stephanie Kusie, Conservative  
Stephanie.Kusie@parl.gc.ca • 403-225-3480

## FAIRVIEW IN FOCUS

Fairview in Focus is published monthly by Great News Publishing and delivered by Community Residents and Canada Post to all Fairview homes.

The opinions expressed within any published article, report or submission reflects those of the author, and should not be considered to reflect those of the Fairview Community Association. The information contained in this newsletter is believed to be accurate, but is not warranted to be so. The Community Association does not endorse any person or persons advertising in this newsletter, and publication of these ads should not be considered an endorsement of any goods or services.

**Submission Deadline:** 7th of the month for the next month's news. Comments, questions, and submissions are always welcome.

**Editor Email:** news@fairviewcommunity.ca  
**Mail:** Fairview Community Association  
Box 78053, RPO Heritage  
Calgary, AB T2H 2Y1

**Messages:** 403.252.5424  
**Email:** office@fairviewcommunity.ca  
**Website:** www.fairviewcommunity.ca



When you tell other people that you live in Fairview, how many times have heard the response "Where's Fairview?" You probably reply with "north of Acadia", "near Chinook Mall", by the "Farmer's Market", and such. To celebrate the spirit of our small, great, and apparently little-known community, we are now selling "where's fairview?" bumper stickers. They cost \$5 and all the money goes directly to the Community Association. You can purchase one online on our website fairviewcommunity.ca (via PayPal), or by emailing sam.koots@fairviewcommunity.ca and we will deliver one to you. BTW – they fit great on laptops, coffee mugs and iPads, as well.

**Disclaimer:** The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Fairview Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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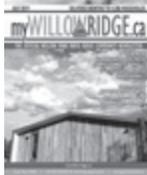


  
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- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
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			<p>To Advertise Call 403 720 0762 Email <a href="mailto:sales@greatnewsmedia.ca">sales@greatnewsmedia.ca</a> <b>GREAT NEWS MEDIA</b> LEADERS IN COMMUNITY FOCUSED MARKETING</p>			

## Stay Safe on Ice This Winter



Winter is here! If you're planning to get outside, make plans to be safe. There are things you and your family can do to lower the risk of getting hurt while skating outdoors.

### Look First

- Check with local authorities for information on ice thickness. Thick ice is not always safe. Don't go on the ice unless you are sure it is safe. Obey signs on or near the ice.
- Before walking or skating outdoors on ice, check that the ice is smooth and at least 15 cm (6 in.) thick. If you're taking the entire family, make sure the ice is at least 20 cm (8 inches) thick.
- Check for hazards like pebbles, rocks, and branches.
- Check that the ice is in good shape, without any bumps or melting/slushy ice.
- Only skate on ice that is monitored and maintained.
- Teach your child to call for help loudly and clearly if in trouble.

### To stay safe, don't:

- Skate on community wet ponds.
- Skate where there is ice over running water.
- Walk on ice on or near moving water.
- Walk on ice when you are alone (Use the buddy system).
- Let your child play on or near ice unless a responsible adult is watching.

If the ice cracks:

- Call 911 for help.
- Lay down on the ice.
- Crawl or roll back to land.

If a person is in trouble, push or throw something they can use to get out of the water, or float on, until expert help arrives. If you try to rescue someone from the ice, you can put yourself at risk.



Calgary-Acadia

**MLA Tyler Shandro**

Calgary Constituency Office

105, 10333 Southport Rd SW T2W 3X6

📞 403-640-1363 🏠 403-592-8171

✉️ [Calgary.Acadia@assembly.ab.ca](mailto:Calgary.Acadia@assembly.ab.ca)

I doubt there is anyone on our planet who isn't happy to see the end of 2020! It was a year filled with fear and trepidation, and one we won't look back to any time soon. 2021 on the other hand is full of promise. I get that part of it is simply the newness, as we struggle to remember to write "2021", but truly this new year can be a year of positive change.

Economically, the clouds are lifting a bit and our economy has the ability to ramp up in 2021. The hope of vaccines, and the eventual freedom they'll bring, combined with the certain knowledge it will keep getting better. Small businesses and entrepreneurs are starting to think about expanding and growing. And children return to school more certain that an end date is in sight for the pandemic.

The backbone of all these endeavours have always been the unsung heroes. In health care, those are of course the doctors and nurses, but so too is it the staff that clean the facilities and ensure the food is prepared. In education, we celebrate the commitment of teachers, but also need to remember the support staff and janitorial teams that have had to set a new level of cleanliness.

From the start of this pandemic, these fellow Albertans (and most Albertans) have risen to the challenge. We have shown our ability to row together, as we've done during major floods and major forest fires. By sticking together as proud Albertans, we will succeed in getting through this, and rebuilding our province to again lead Canada in economic power.

We need to stay strong a little longer, but 2021 will be a year to remember, and a year to celebrate the end!

# Fairview Youth Services Directory



Add, change or remove information from this listing call 403-252-5424 or email [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca)

## BABYSITTERS

- Emily, 587-707-9923 B
- Caitlin, 403-245-3428 B
- Nadia, 587-830-6556 B
- Rhiannon, 403-253-0330 A
- Payten, 403-258-0429 A
- Riley, 403-831-6406 A
- Julia, 587-573-0375 B
- Adam, 403-629-5672 B
- Tania, 587-433-6558 B
- Reese, 587-998-9868 B
- Abigail, 403-554-9034 A

## SNOW SHOVELLING

- Adam, 403-629-5672 B
- Danica, 403-408-6610 B
- Mason, 403-607-6610 B
- Sam, 403-608-4688 B

Now looking for youth interested in doing snow shovelling. Contact [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca) to get on our list!

## PET SITTERS

- Emily, 587-707-9923 B
- Rhiannon, 403-253-0330 A
- Bryn, 403-808-4428 B
- Danica, 403-312-2125 B
- Tatum, 403-312-2125 B

Fairview Community Association accepts no responsibility as a regulatory body and does not endorse or screen any of the people who are listed in or who use this directory. This information is used in the "Fairview In Focus" newsletter and can be discontinued upon request. Add, change or remove information from this listing call 403-252-5424 or email [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca).

# UPCOMING COMMUNITY EVENTS

## Fairview Community Association Board Meeting

Tuesday, January 2, 7:00 pm

Tuesday, January 5, 7:00 pm

Board meetings are held the first Tuesday of each month. All members are welcome and encouraged to attend by contacting [secretary@fairviewcommunity.ca](mailto:secretary@fairviewcommunity.ca).

## Do you have an idea for a Community project or event?

Contact the Fairview Social & Events Committee by emailing [events@fairviewcommunity.ca](mailto:events@fairviewcommunity.ca).

# CRIME STATISTICS



## Fairview Crime Activity was Down in November 2020

The Fairview community experienced 4 crimes in November 2020, in comparison to 11 crimes the previous month, and 8 crimes in November one year ago. Fairview experiences an average of 10.7 crimes per month. On an annual basis, Fairview experienced a total of 128 crimes as of November 2020, which is up 10% in comparison to 116 crimes as of November 2019. To review the full Fairview Crime report visit [fair.mycalgary.com](http://fair.mycalgary.com)

*How To Report Crime In Fairview: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at [crimestoppers.ab.ca](http://crimestoppers.ab.ca), or text tttTIPS to 274637.*



# HEAVY CONFETTI!

Ever thought of celebrating New Year's Eve with a moose in Times Square? How about just its weight? Every year, over 2,000 pounds of confetti is released in Times Square, New York, at the ring of the bell on New Year's Eve. That is heavier than a full-grown moose!



## Holiday Waste Tips

### Compost Your Real Christmas Tree

#### Option 1: Put your tree in your green cart

- Cut your tree into small pieces to fit inside your green cart. Make sure the lid can close.
- Put extra branches into paper yard waste bags, roll close, and set 0.5 metres (two feet) to the side of your cart.

Trees that are not prepared this way will not be collected.

#### Option 2: Bring to a tree drop-off between Dec. 26 and Jan. 31

Tree drop-offs will be available around the city to compost your Christmas tree.

- Remove all lights, ornaments, tinsel, string, and tree stands.
- Do not wrap or bag your tree.

Find a list of locations at [calgary.ca/christmastree](http://calgary.ca/christmastree).

### Put holiday waste in its place

Follow these tips and ideas to make your holiday season a little less wasteful.

	Reduce	Reuse	Recycle or compost
<b>Gifts and wrapping</b>	Support local businesses by purchasing gift cards. Give a gift of a donation to a favourite charity.	Wrap using: • Paper bags or gift boxes. • Jars or tins. • Fabrics or dishtowels.	Crumple wrapping paper into a ball, put in blue cart. No metallic or foil gift wrap. 
<b>Cooking</b>	Check what you have at home before you shop. Make a list and buy only what you need.	Use reusable containers for leftovers instead of plastic wrap or tin foil. Save bones and vegetable peelings for soup stock. 	Compost unusable food scraps, toothpicks, paper napkins and plates, put in green cart. Recycle empty, clean and dry tin cans, glass and plastic containers. 
<b>Holiday cleanup</b>	Keep clean wrapping paper, gift bags and boxes for next year. 	Donate gently used household items like working electronics, furniture, clothing and toys to a local charity.	Recycle Christmas cards, envelopes and cardboard boxes. Take old electronics to an electronics recycling drop-off. 

For more holiday tips, visit [calgary.ca/recyclerright](http://calgary.ca/recyclerright)



## Heritage Time Out

**McDougall United Church,  
8516 Athabasca Street S.E. (No religious content, non-denominational)**

At Heritage Time Out, practitioners of quilting, knitting, crocheting, card making, as well as a “do-as-you-wish” table, meet to learn and practice their art at McDougall United Church. Unfortunately, we are not meeting at the current time due to the COVID-19 restrictions. We anticipate that we may not meet again until September 2021, until we are sure we can meet in a way that is safe for everybody.

Please contact Lori at McDougall United Church, 403-252-1620, for further information.

## BRAIN GAMES SUDOKU

2				6	7	8	
				4	1	3	
		4		8			9
						2	7
	2	7	3	9	6	1	
5	1						
4			9		8		
	7	1	4				
	8	2	7				6

FIND SOLUTION ON PAGE 11



# Membership Update

## Memberships Are Available All Year Long

Did you know you can buy a membership any time of year? It's simple, just pick one of these convenient ways to get a current membership:

Fill out this paper form and mail along with payment to Box 78053, 383 Heritage Dr SE, Calgary, AB T2H 2Y1.

Complete the whole process online at [www.fairviewcommunity.ca](http://www.fairviewcommunity.ca) in less than a minute via PayPal. A physical membership card will be dropped off for you shortly after your purchase.

Email [membership@fairviewcommunity.ca](mailto:membership@fairviewcommunity.ca) and one of our volunteers can drop off a membership and pick up payment (contactless).

Phone 403-252-5424 and leave a message with your name and phone number, stating that you'd like to buy a membership. A board member will return your call and setup a time for a contactless drop off of your membership card and pick up payment.

## Be a Part of Your Community Association Today!

**A GOOD  
REASON TO  
JOIN TODAY!**

### Representing the Community on Regional Committees and Initiatives

Community association designates represent the community on regional issues of interest such as, major parks, major infrastructure projects in the area, or social issues.

**March 1, 2020 to February 28, 2021**

**Please make cheques payable to *Fairview Community Association*.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Membership fee: \$15 per Family (up to two registered adults and any number of children under the age of 18 living at the same residence)
- "Where's Fairview" Sticker: \$5 each
- Yes, we are interested in volunteering
- Yes, I am interested in receiving updates by email



# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**FAIRVIEW MORTGAGE BROKER:** Your mortgage may be costing you thousands more than you need to pay! As a local mortgage professional, I have helped your neighbours navigate their purchase, re-finance, and renewal options. Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Verico Avenue Financial Real Estate Solutions.

**FAIRVIEW CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Fairview. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

**AFFORDABLE DENTAL CARE MINUTES FROM FAIRVIEW:** Below ADA fee guide! Direct billing OAC. Only pay deductible/co-pay, get tax receipt. Save money, no charge PPE, uncomplicated dental care, live better. 30+ years of no fluff, no frills! Call today; 403-272-7272 or 403-287-6453. Visit calgarydentalcenters.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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## SAFE & SOUND

### Toboggan Safety

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

#### Equipment

- Always ensure your toboggan or sledding device is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Children should wear a certified, properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

#### Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves or clothing containing drawstrings which could present a strangulation hazard if they become caught or snagged.

#### Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks, out of the cold, to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as, the forehead and cheek bones, can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm, not hot, water, until re-warmed.

# Adding a Puppy to Your Family

by Dr. Jennifer L. Scott B.Sc., D.V.M.



With our new normal, COVID-19 has even changed getting a puppy. In our isolation, and stuck at home, people want a puppy yesterday. Finding puppies has become more difficult, and this has led to many not making careful decisions. Some individuals are playing on our desperation. I watched a news release from Ontario where more than one person selling a puppy set up meetings in parking lots with prospective owners, only to be accosted by thieves there to steal the puppies. COVID-19 won't last forever, but with luck, this puppy will be with you for the next fifteen years, so... slow down and wait to get what you want.

Purebred versus mixed breed. With a purebred dog, you will know what to expect regards to size and behavior. Genetic screening of the parents for flaws improves your chance of a healthy pet, but is not a guarantee. A puppy cannot legally be sold as purebred without registration papers, and it is also against Canadian Kennel Club rules to charge a premium for those papers. Some breeders will replace puppies with genetic problems, but few families will give up the pet that's become a family member. Current market demand has led to a lot of less reputable breeders producing lots of puppies with serious health issues. Mixed breeds tend to be less expensive, except for some of the crosses that have become popular such as, Labradoodles or Yorkipoos. Many of these designer breeds, rather than having hybrid vigor, have the genetic issues of both breeds.

Buying a puppy from a private home or breeder, you should be able to see at least the mom, if not both parents, and get some idea of the temperament and appearance of the adult animal your pup will grow into. Leave the kids at home (Mom too, if necessary)! The first time you see the puppies, try to make a well thought out decision with your head, not your heart. Having said this, some of the brightest most business-like people I have met in my life are fundamentally incapable of thinking with anything but their heart when faced with a puppy.

Avoid single puppy litters if possible. A single puppy might not be adequately socialized, but this is usually not an issue if other dogs are in the household. For this same reason, avoid taking your puppy before seven or eight weeks of age or later. Most puppies are weaned earlier, but this socialization within the litter and with mom will affect your puppy's behavior for the rest of his life.

Look around. How clean is the whelping box and area? The dirtier a puppy's surroundings, the harder it will be to housetrain. Puppies raised in clean surroundings and taken out several times a day to urinate and defecate are well started on their training. They have already learned not to foul the area they eat, drink, and sleep. They have often been introduced to a crate. I start taking my four-week-old puppies outside in Calgary winters to poop and pee, but only for a brief supervised minute.

Has the puppy received its first vaccinations and been dewormed? This should be done between six to eight weeks by a veterinarian who will do a full physical examination. All reputable breeders will have done this. Make sure you can return the puppy if it fails a health check at a veterinarian of your choosing. This is heartbreaking to do, but it can be emotionally and financially devastating to have a puppy with a congenital problem.

Consider an adult dog.... There are several great rescue organizations in Calgary, including the Calgary Humane Society, who'd love to hook you up with an adult dog needing a home. Read, ask questions of knowledgeable people, and be tough at this stage, and with a little luck, the perfect furry family member will be in the house soon, and for a long time to come.

## WE NAILED IT!

We know that our bodies are amazing, intricate, works of art. However, you may not know that amongst all of the wonders and complexities that work together to keep our bodies functioning, there is actually enough iron inside a human body to produce a small nail, and most of this iron comes from our blood.




**mybabysitterlist**

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.



## BRAIN GAMES SUDOKU

2	9	5	1	3	6	7	8	4
7	6	8	5	9	4	1	3	2
1	3	4	2	7	8	5	6	9
3	4	6	8	5	1	9	2	7
8	2	7	3	4	9	6	1	5
5	1	9	6	2	7	3	4	8
4	5	3	9	6	2	8	7	1
6	7	1	4	8	5	2	9	3
9	8	2	7	1	3	4	5	6

## Know Your Limits When It Comes to Alcohol

Are you drinking more alcohol during the pandemic? If you drink alcohol, it may be time to think about what you are consuming. It's important to know your limits.

On special occasions, such as the holidays, reduce your risk of injury and harm by drinking no more than three drinks (for women), or four drinks (for men), on any single occasion.

A safe amount of alcohol for one person may be too much for another. Things like age, gender, weight, and health history, means alcohol can affect people differently. If you're an adult who doesn't weigh a lot, is younger than 25, or older than 65, or isn't used to drinking, it's important to be even more careful about how much alcohol you drink.

If you choose to drink, consider following these tips to reduce your risk of getting sick or injured:

- Set limits for yourself and stick to it.
- Drink slowly and have no more than two drinks in a three-hour period.
- For every alcoholic drink have one non-alcoholic drink.
- Eat before and while you are drinking.

You can reduce your long-term health risks by drinking no more than:

- 10 drinks a week for women, with no more than two drinks a day most days.
- 15 drinks a week for men, with no more than three drinks a day most days.
- Plan non-drinking days every week to avoid developing a habit.

The decision to drink alcohol is personal. If you choose to drink, know your limits, and remember there are times when there is a zero limit. Do not drink when you are driving, taking medicine or other drugs that interact with alcohol. And do not drink if you are doing any kind of dangerous physical activity, living with mental or physical health problems, living with alcohol dependence, pregnant or planning to be pregnant, responsible for the safety of others, or when making an important decision.

If you are concerned about your alcohol use, or someone else's, help is available by calling the Addiction Helpline at 1-866-332-2322 or visiting [www.ahs.ca/helpintoughtimes](http://www.ahs.ca/helpintoughtimes).

# PLUMBER

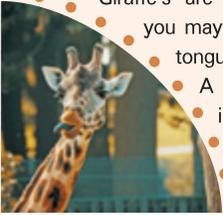


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## Tongue in Cheek



- Giraffe's are known for their long necks, but you may be surprised to find out that their tongues are actually just as shocking!
- A giraffe's tongue can be over 17 inches long. Say goodbye to straws,
- everything is easy access for
- these gorgeous animals.

## Calgary Guidebook

We're using the Guidebook for Great Communities to plan our communities in Calgary so they can offer more people more choices for living, playing, working, learning and moving. The Guidebook is a tool that helps plan communities where people can live, regardless of their stage of life, income or age. Learn more at [calgary.ca/guidebook](http://calgary.ca/guidebook).

### Report a Streetlight Outage

As daylight savings ends, stay safe after the earlier sunsets. Don't get left in the dark, report a streetlight outage. Visit [calgary.ca/streetlights](http://calgary.ca/streetlights) for more information.

### Stay connected!

[facebook.com/cityofcalgary](https://facebook.com/cityofcalgary)

[twitter.com/cityofcalgary](https://twitter.com/cityofcalgary)

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## LOCAL MORTGAGE BROKER

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